



sanantoniocyclingclub.org

I hereby make known that I will hold blameless in the case of accident, injury or damage of any kind, the San Antonio Cycling Club, its members and volunteers. I recognize that bicycling is potentially dangerous, and I represent that I am a competent cyclist with safe equipment. I understand that all rides are on public roads and that I ride at my own risk. I further recognize that safety is a personal responsibility, and I agree to participate in keeping all San Antonio Cycling Club rides safe. Although bicyclists are not required by law to wear helmets, I understand that the San Antonio Bicycling Club does require the use of ANSI/SNELL approved helmets and that wearing such a helmet can greatly reduce my risk of serious and/or permanent injury.

	Printed Name	Signature	Phone	Vehicle Model/color	Distance	Member	
						Yes	No
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Ride _____ Leader _____ Date _____

Note to Ride Leader: Save all sign-in sheets for files.